#### SUSTAINABLE PHARMACEUTICAL WASTE MANAGEMENT- EMPOWERING COMMUNITY PHARMACIST & PATIENTS

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An EU Funded project by Wasteserve, Ministry for the Environment, Sustainable Development and Climate Change,

in collaboration with

Kamra tal-Ispizjara ta' Malta, GRTU Pharmacy Section and POYC Unit, Ministry for Health and Malta Medicines Authority.

The safe disposal of unwanted, expired medicines for domestic use was high on the agenda of the Kamra tal-Ispizjara ta' Malta in the context of it representing and guiding an environmentally conscious profession.

To this end it endorsed, supported and guided pharmacists' community action, and corporate social responsibility towards the environment through the safe disposal of medicine.

The project, as crafted, incurred no cost either to patient or host pharmacy.

It centred around the timely and regular collection of domestic and pharmacy generated pharmaceutical waste

It was supported by an educational campaign directed at the public

Pharmacists have a unique opportunity to educate the public and themselves on the importance of proper medication disposal as well as the programs available whichare accessible to Patients and their carers (Athern et al., 2016).

Kusturica Paut et al. (2017)2 published current data emphasizing the global issue of improper medicine disposal, prevalent in environmentally-aware people.

The most commonmethod fordisposal of unused medications in households is disposal in the garbage e.g. in Kuwait, United Kingdom, Lithuania, Qatar, Serbia, Ghana, Bangladesh, Malta and Saudi Arabia.

The practice of flushing drugs into the sewage system still takes place in New Zealand, USA and Bangladesh.

Only in Sweden and Germany, practice of returning drugs to pharmacy was practiced to a largerextent.

The environmental impact of improper medication disposal is expected in countries with poorly functioning waste management schemes (Middle Eastern, Asian and African countries).

Lack of the adequate informationand clear instructions on proper manners of drug disposal was reported in many surveyed countries. (USA, New Zealand, Bangladesh, Malta & Ireland)

Many respondents were generally concerned with issues of inadequate medicines discarding but the behaviour regarding disposal of unused drugs often did not equate the awareness (Serbia, USA, Kuwait, Malta, UK)

In the UK, the PSNC, the Pharmaceutical Services Negotiating Committee3 - embraced a similar project in 2004 with subsequent amendments to the environmental legislation and policy.

Other models exist in Europe, and internationally.

The Kamra tal-Ispizjara ta' Malta has vociferously endorsed and exhorted the participation by Community Pharmacists in this EU funded project, urging and supporting pharmacies to adhere to the pilot project and subsequent roll-out.

- Acceptance of these bins at the pharmacies
- Assist consumers accordingly
- Cooperate with Wasteserv to operate this system



Pharmacies are at indicate their participation in the project by 1<sup>st</sup> September 2019

The Kamra continues to support this endeavour through constant monitoring of the process and outcomes and shall request adjustments as the need arises during the pilot based on participants' feedback in the best interest of patients, pharmacies and society at large.

In September 2019 specially designated bins for expired medicines were distributed by Wasteserv in pharmacies throughout Malta & Gozo

Participation was voluntary, but we can report 100% uptake

| Section A: Pharmacy Deta     | ils                               |
|------------------------------|-----------------------------------|
| Pharmacy Name:               |                                   |
| Person Requesting the collec | tion:                             |
| Contact Number:              |                                   |
| Email Address:               |                                   |
| Section B: Waste Details     |                                   |
| Indicative Amount of Normal  | Medicine Bags:                    |
| Indicative Amount of Cytotox | Ic and Cytostatic Buckets:        |
| For security purposes pl     | ease use the recatcha form below. |
| im not a t                   | nobot                             |
|                              |                                   |

A PR campaign was launched between September and October 2019. This was aimed for both community pharmacists and the general public:

TV Radio Social Media Informative Poster (Including Stickers on Bins) Customer Care Team





# The Project-What is collected







# The Project- Special provisos for cytotoxics



# The Project- Not yet extended to Sharps



#### **REGULAR COLLECTIONS:**

• Monday to Friday



#### **REGULAR COLLECTIONS:**

## Freephone Number 8007 2200

This project is important on many levels-

It fosters awareness that pharmaceutical waste poses a very specific threat to the integrity of our environment

It harnesses the knowhow and expertise of community pharmacists as an important pillar in its execution

Most importantly it has recruited patients as equal partners in its execution.

It encourages them to check their medication for expiries

It creates awareness of the importance of correct waste disposal

It cements the importance of community pharmacies as freely accessible health care centres

## References

#### References

- 1. Athern KM, et al. Consult Pharm. 2016
- 2. Kusturica Paut. M. et al. Rev Environ Contam Toxicol. 2017
- 3. https://psnc.org.uk/services-commissioning/essentialservices/disposal-of-unwanted-medicines/accessed